

# Theyyam

*Theyyam*, a photography exhibition by artist Navneet Jayakumar exploring the 1400 Year old South Indian ritual of Theyyam.

**Opening Event** : Thursday 18 October 2023, 5pm to 8pm

**Exhibition Dates**: Open Daily 9am to 4pm, Friday 13 October to Sunday 29 October 2023

**Location**: Trowbridge Gardens Gallery, 1 Trowbridge Road, Hackney Wick, London, E9 5LD

**Theyyam** is a South Indian ritual that dates back 1400 years that still stands very strong. And yet the science and the philosophy behind it have been washed away, unknown to the very people to whom it belongs to. This exhibition is a reclamation of the wisdom behind Theyyam that has been taken from the people it belonged to of which I am one.

**You can find further details about Navneet's projects here: @Navjuice or online here: [www.navsart.com](http://www.navsart.com)**

All works are for sale, to enquire further please contact Navneet on: @Navjuice

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**Arbeit Bio**: Hi I am Navneet, Born and raised in the tropical Communist state of Kerala. I make art using a blend of Photography and digital manipulation. A part of my work deals with creating surreal worlds that coincide with the real. And the other deals with exploration, revival and documentation of Culture and the history and the science behind it.

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This exhibition is part of a wider programme of workshops, exhibitions and events, where you can find further details of upcoming activities here: [www.arbeit.org.uk/artprogramme](http://www.arbeit.org.uk/artprogramme)

You can also follow Arbeit on: **@arbeitstudios**

**Arbeit Studios** is a mix-use creative workspace provider, creating spaces for artists, designers, small businesses and start-ups, alongside business support, event/gallery spaces and a shared environment for innovative collaboration and community involvement.

Arbeit Studios (Arbeit Project Ltd.)

**We Make Space Work**

[info@arbeit.org.uk](mailto:info@arbeit.org.uk)

Existing Sites: Trowbridge Gardens: 1 Trowbridge Road. E9 5LD (Registered Address) | 117 Wallis Road. E9 5LN | 778-782 High Road Leyton. E10 6AE | Unit 41 Uplands Business Park. E17 5QJ | 9 Martel Place. E82FR | Unit OH, East 10, Enterprise Park. E10 7DQ | Basement, Baring House, Canton Street. E14 6JW | 232 Hornsey Road. N7 7LL | 8a – 10a Kilburn Bridge. NW6 6HT | Unit 11, Redif House, Wantz Road, Dagenham. RM10 8PS | 182 New Cross Rd. SE14 5AA | Stroud Green Road N4 3ED | 210-218 Trafalgar Rd SE10 9ER | 1 - 6 Pintle Place, Hancock Road, London, E3 3UP